



SHALOM

from BETH SHOLOM

SEPTEMBER 2020

ELUL - TISHREI 5781

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Rabbi Peggy Berman de Prophetis

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RABBI'S COLUMN:

These High Holy Days (HHDs) will be unlike any others we have shared together. There is more uncertainty in the world and in our own country with the Coronavirus pandemic and the national election coming up. We will not be together in Beth Sholom although you will see the synagogue in our exciting new streaming system. And we will see each other on Zoom. But these HHDs are going to be an anchor for our Jewish lives.



First, because we will be saying the same prayers as every year at this time. Your prayer leaders, song leaders, and soloists will be the same. Your Torah and haftarah readers will contribute their parts, but from home. The purpose of these days will be comfortingly and inspirationally the same: celebrating a new year with joy and hope for a better one to come, self-examination, and repentance so that we may begin with a clean slate.

However, these HHDs on Zoom bring us opportunities to make some changes. The services will be shorter. We are omitting all shofar blowing in the synagogue (in part because of Shabbat on the first day and in part for health concerns) and will be condensing some of the Musaf Amidah repetition. Generally, we will not be opening and closing the ark throughout the service, so there will be no frequent standing up and sitting down. There will be 20 minute intermissions between some parts of the services to give us time to stretch, get a drink, or snack (although not on Yom Kippur), and to hear some HHD music, both live from Dr. David Jaffe and taped from the Afro-Semitic Experience. Some of the services and my sermons may have a visual component.

We refer to the days between Rosh Hashanah (RH) and Yom Kippur (YK) as *Yamim Noraim*, Days of Awe. But often the continuity of these HHDs is subverted as we go back to our usual occupations on those days. To keep the intended spirit going, this year I will provide an additional HHD activity (tentatively a personal *Cheshbon ha-Nefesh*, accounting for our souls) one evening during the intermediate period, date and time to be announced.

Your job is to be there with all of us. And, though you cannot be in the sanctuary, I suggest you make a special HHD place for your prayers. Provide yourself with a vase of flowers, use a white cloth under your computer. Also, dress in white, at least the part of you that is visible. If you have a special kippah or tallit for holy days and festivals, be sure to use them. These days are unlike any others in our Jewish year.

Above all, stay healthy.

L'shanah ha-ba'ah (Next year) in our sanctuary!

Rabbi Peggy Berman de Prophetis

PRESIDENT'S MESSAGE

Do you remember how as a young child you would carry on your day to day routine, mindless of dangers, and free to be yourself? You would play, eat, do what your parents said, tag along with them when they went out, or stay with a babysitter, or go to school—all without the worry of covering your face, except when you sneezed or coughed, washing your hands, unless Mom reminded you after using the bathroom!

Those days seem to have been mundane but taken for granted. Perhaps the COVID pandemic is a sign from God for us to pull up our bootstraps and value our surroundings, our friends, and our lives as we were mindlessly living it. How much do you miss your freedom? How much are you yearning to return to the old normal?

It is not an easy world to navigate these days. Rather than go shopping, most of us have goods delivered or prepared for pick-up. We isolate ourselves in our homes, work from home if feasible, limit social interaction or completely shut ourselves away from the world. For some it is imposed, especially for our friends and loved ones in health care facilities. Isolation is not a healthy norm to live with. We are social beings, and within our Jewish community we rely on being with others to share worship and kinship.

Within the Beth Sholom community, figuring out how to keep everyone together has been a monumental task and yet I am afraid we have not done a perfect job. We have had limited opportunity to reach out and have mostly relied on technology for virtual and internet contacts which necessitate the recipient also having access to technology. Having closed the office, and restricted our staff, we have not done regular mailings to everyone. This package is the first mailing since early March. Please forgive this omission if you are one of the unfortunate persons left out of the loop. It is entirely my fault, and I have suffered a guilt trip over it. I hope you will forgive me.

However, during the past seven months since the onset of the pandemic your board has not remained idle and unresponsive. There has been a lot of progress made in many different areas of concern. And those are the positives I am reporting to you here.

In early July I asked Max Flaxman to join the Board as a Trustee and to chair a committee to work out a plan for reopening the synagogue. He along with the Executive Board members, other non-board members, and Rabbi Peggy have met and formulated a written plan to cover participation in the High Holy Days and going forward. The plan is outlined in this bulletin. Thank you, Max for your dedication to the membership and to the committee for your plan to keep everyone safe. Plans at this point limit accessibility for no more than the number of bodies necessary to put on the service while starting October 2, we hope to begin a 'hybrid' service. See the guidelines.

Since late February upon hearing from Ellie Ayervais that FEMA/DEMA grants were available for religious organizations to improve security, Anne Parks and I literally dropped everything and attended a State meeting in Newark upon hearing of it that same day. The closing date for applications was not far away. There was not time to spare. We made the initial contact with the agency leaders whom Ellie Ayervais, Barry Brill, and Stu Handler diligently worked with and submitted by the impending deadline an application for funds to make additional safety improvements to our synagogue building. On July 9, we received confirmation that the full grant was being approved and as the additional specifications are being submitted, we are hopeful to install new high security doors with bullet resistant glass, additional security lights on the outside of the building, bollards in front of the main entrance, and solid interior replacement doors to also provide additional protection. The total cost and award for these improvements is \$82,950. Kudos to our three grant writers, especially Ellie who has handled

the written report and detailed with estimates secured by Barry and Stu. Many hours of discussion occurred to make this a seamless application and description knowing they were dealing with the government agencies. This has been quite a gargantuan and arduous process, it may take months before we reach the finish line with actual federal funds in hand. Ellie says: "It has been a tremendous learning experience. CBS intends to use this knowledge gained to apply for future grants as our needs arise." **Well done and thank you team. You are magnificent.**

Another major change of course is our conducting services and classes using the powerful ZOOM computer application. In February, who knew about ZOOM? We heard by word of mouth and quickly caught on to using it. It is not comparable to being in the synagogue in person, but by viewing each other and having a chance to communicate and pray together, it has filled in the void left by the COVID situation. At least it provided an answer for relieving our total isolation from our friends. Nowadays ZOOM is an instrumental platform for online work, scheduled meetings, conferences, etc. The ZOOM company did not see its popularity coming and was overwhelmed. There are very few alternatives. And ZOOM has risen to the top. It is easy to use and for those who are not on the Internet it can be accessed by telephone. We have several proficient leaders for services and others have stepped up to assist. Thank you Barry Brill, Steve Schwartz, Rabbi Peggy, Karen Gradie and Herb Konowitz for your mastery and presentations of our Friday and the newly added Saturday services. Without your help, we would not have kept in touch with our regulars. Other members are beginning to offer to step in and lead too. This is very encouraging and helps take the pressure off the five who have carried the load so far.

Cindy Konowitz has been invaluable to me as my Vice President of Administrative Affairs. She keeps my emails flowing to you which advise you weekly what is happening by way of our 'Weekly Newsletter'. Rabbi Peggy has gone beyond the call of her contract to be available and submits 'From the Rabbi's Desk' weekly as well as conducting extra summer services and Havdalah and Trivia sessions. Thank you both for your dedication.

At the August Board Meeting, we decided to add more technology to the main sanctuary. Our security cameras which were recently installed throughout and around the building were not the right equipment to be used for broadcasting. And the ability to live stream the High Holy Days services required the purchase of a new camera, sound equipment and computer to enable broadcasting from the main sanctuary. The Pauline and Mitchell Schwartz Fund for the Future generously provided the financial resources. Although the policy for opening the shul for attendance will not begin until after the HHDs, we will be streaming live from the sanctuary using ZOOM. Rabbi Peggy and Steve Schwartz have been working for months to fine tune the service format to meet the new technological boundaries. We are diligently working on other aspects of presentation. You should be pleased with all this effort.

The AMEN choir has been practicing with Steven Schwartz throughout the summer months preparing additional service accompaniment for the HHDs. They will be in the synagogue during the broadcasted service to add to your listening pleasure. David Jaffe will also be present and providing his inspirational musical accompaniment throughout the services. Again Rabbi Peggy has well orchestrated meaningful and shorter sessions to accommodate our viewing tolerances. On line participation presents a different dynamic for attention spans. We will hear Rabbis Kaplan and White leyn and lead discussions. Herb and Cindy Konowitz will join us to usher Yom Kippur with Kol Nidre. And John Levine will be conducting shofar blowing. See the special directions for hearing it. Thank you all again for another year of dedication and hard work to enhance our holiday experience.

We will be signing out the prayer books on designated dates and times which appear elsewhere in this bulletin. We want you to understand that we are only lending the books as they are out of print and no longer available to purchase or replenish. The streaming programs will not contain the text for the HHDs, so please plan to come to the synagogue and borrow a prayer book and return it after the holidays are over. We also hope several people will provide texts to their neighbors and keep account of those books. If you pick up for someone else, we need the assurance that they also will be returned. I cannot stress this enough as we hope the future HHDs are in person and we will need those books.

The main sanctuary front air conditioning gave up and it is being replaced as I write this bulletin. It has to be a Murphy's law that the AC should choose this time of the year to quit on us. I didn't know Murphy was Jewish! However, thanks to your generosity and continued support, we had enough money in the treasury to cover these costs without sending out a special assessment to our membership.

Another important development is Trustee Anne Parks has taken on the Board correspondence for simchas and solemn events. She will be sending cards from the Board to members in need. She also wishes to include birthdays and anniversaries in the month's mail. Please read her message in this bulletin.

I will not be presenting the usual State of the Congregation presentation on Yom Kippur by Zoom this year. We have included your Kol Nidre Pledge Cards in the mailing coming next week prior to Yom Kippur. I thought you could read my message here and I hope you will be inspired to respond equally or better to last year's pledge for sustaining and continuing the quality of leadership and programming that we are so proud to represent. We are a very small congregation compared to the others in Delaware and we count on your pledges to supplement our low dues schedule.

L'Shanah Tovah, Best Wishes for a Good Year. Thank you all.

Caroline B. Schwartz

TREASURER'S MESSAGE

The 2020-21 Membership commitment forms will be sent out at Rosh Hashanah. Also included in the envelope will be the 2020 Kol Nidre Pledge cards and with a return envelope. You can send that back in the same return envelope with the membership commitment form. If there are any concerns or questions, please contact me.

L'Shanah Tovah

Stu Handler

Please Remember: Keep saving your Redner's receipts for the synagogue. Whenever we can safely return you can bring them in to the basket in the office window or drop them off in an envelope through the mail slot. We receive a percentage of the total amount of purchases. Remember don't tear off any of the receipt as they want the entire thing. This is a terrific way

to help C.B.S fund raise! Also there is a large container for pull tabs near the office window we collect for the Ronald McDonald House. Keep saving those. I took two large filled containers up earlier this year. They really appreciated it.

**CONGREGATION BETH SHOLOM OF DOVER, DELAWARE
HIGH HOLY DAY SERVICES
2020/5781**

All services will be streamed via ZOOM
More information will be forthcoming.

ROSH HASHANAH, First Day:

Friday night, September 18, 7:30 PM

Saturday morning, September 19, 9:30 AM

ROSH HASHANAH, Second Day:

Sunday morning, September 20, 9:30 AM

Sunday afternoon, 3:00 PM, Shofar blowing in field behind synagogue followed by Tashlich at Silver Lake with masks and appropriate social distancing.

Please park your car in the field behind the synagogue and remain inside with windows open and masks on for shofar blowing. Please be in place before 3 PM so late arrivals will not detract from the major mitzvah of this Holy Day--to hear the shofar.

YOM KIPPUR:

Kol Nidrei, Ma'ariv Sunday, September 27 6:30 PM

Monday morning, Monday morning 28, 9:30 AM

Recess activity begins around 4:00 PM. Time will be announced later.

Monday afternoon, Minchah, Neilah, and Havdalah,

Beginning 5:00 PM

Candle-lighting

RH candle-lighting 6:47 PM RH 1 (may be lit earlier)

After 7:43 PM RH 2

YK candle-lighting pm 6:32 PM (may be lit earlier)

YK fast ends at 7:28 PM

UNDERSTANDING THE NEW PROTOCOLS FOR BETH SHOLOM

Steven Schwartz, VP Religious Affairs

Because live attendance has turned out to be a matter about which people in our congregation have strong and conflicting opinions, Caroline appointed a committee chaired by Max Flaxman to carefully study the issue and to recommend protocols for re-opening, for both when and how. The importance of that committee's work is obvious. The tentative thinking on that committee is to recommend a partial re-opening with restrictions after the High Holy Days and its recommendations are included in this bulletin. In the meantime, if congregants will be allowed to attend in person Zoom services originating from the Synagogue, I am seriously concerned that committee members will feel their efforts are for nothing and that they will not see through the re-opening. And a mishandled re-opening could cause serious harm.

I don't believe we can responsibly leave it to individual congregants to just decide for themselves the degree of contact to expose themselves to at Beth Sholom, to assume the risks if they choose to, and to stay home if they feel vulnerable. One reason is that no one congregant can make an informed decision where his degree of exposure and risk will depend on other attendees' unpredictable decisions on matters such as hand sanitizing, masking, social distancing and whether or not to attend in large numbers. Another reason is that a bad decision by a congregant to attend services in person, one which leads to serious illness or death, will be damaging to the congregation even if our leadership is technically not at fault.

So I have to ask you all to please to be patient with us. We will get there.

Steven Schwartz

HHD Prayer Book Pick-up and Distribution and Return

The High Holy Day Prayer Books will be available for pick-up September 9 and 16, Wednesday afternoons from 2:00 to 3:00 pm at the synagogue. The books will be loaned and expected to be returned after the High Holy Days have concluded. Those dates for return will be Wednesday afternoons September 30, or October 7, from 2:00 to 3:00 pm. If these dates do not suit please leave a message on the office telephone or email the office so that we can arrange an alternative time. These books are no longer in print or available for purchase. And so we value your cooperation during this time. We also have some volunteers willing to bring books to your neighborhood for you. They will directly contact you to let you know they are available.

Like everything else with these days of COVID adjustments, we have to make small sacrifices to ensure we remain *United as One and Safe* to celebrate our most important time of the year.

CONGREGATION BETH SHOLOM REOPENING OCTOBER 2, 2020

PROTOCOL AND PRACTICES *

Beginning with Erev Shabbat services on Friday, October 2, 2020, Congregation Beth Sholom plans to conduct hybrid services, defined as services with both physical and virtual (with ZOOM) attendees. This Protocol will govern practices affecting physical attendees agreed upon by the CBS Board and will remain in effect until amended or eliminated by the board.

An attempt will be made to reduce or eliminate health risks to people in the building at all times while maintaining our traditional ritual practices. Ritual will be amended only by those health and safety considerations deemed necessary and/or mandated by law.

We have purchased equipment and software intended to allow full participation of all synagogue members while making its implementation as unintrusive as we are able, and providing a feeling of inclusion and satisfaction to both groups of attendees. We will, of course, require the cooperation of all members and other attendees as well as a small corps of volunteers to do the legwork necessary to make it work.

The following will be required of all who enter CBS for any purpose. Administration of the practices will be done by congregation members specifically identified to do so and will include escorting from the building those who cannot or will not follow these practices. In the interest of harmony, it is important that no one else attempt enforcement. If a member sees something needing correcting or improving, he/she should advise one of these named volunteers of the cause and leave the job of enforcement to the people responsible for doing so.

1. Entering the building

- a. A system will be put in place to ask attendance in advance to assist our planning for each service.
- b. People coming in will have a temperature reading via a contactless forehead thermometer, and will be asked about personal health, recent contact with anyone at risk, and travels in areas of high risk. Your replies will be accepted as accurate unless there is compelling reason to question further. CBS will comply with all legal regulations covering “contact tracing.”
- c. A mask covering both mouth and nose must be worn inside the building at all times. Use of hand sanitizer is mandatory upon entry, and periodic repetition is strongly suggested.
- d. We will have prayer books available for service participation. CBS members are asked to keep the book with them for future use. The intent is to reduce the risk of cross-contamination. Congregation members are encouraged to sign out in advance a Shabbat Siddur Sim Sholom, a weekday Sim Shalom and a high holidays Makhzor to keep and use both in-house and at home until the need to do so is considered unnecessary, and then to return them to CBS. There is no fee, but a distribution list will be maintained with the object of eventually recovering the books. Book delivery can be arranged to those unable to pick one up themselves.

2. Services

- a. Ahead of services, the chairs in the sanctuary will be placed so as to maximize social distancing based on expected attendance, and we request that no one move a chair or chairs. Attention will be made to allow family groups sharing living quarters to sit together. In particular, please DO NOT move chairs closer to the dais than you find them.
- b. The water fountain will not be in use. Attendees will be encouraged to carry water with them, and a supply of disposable water bottles will be made available for the asking, to the best of our ability. At any time, we may run out, so bringing your own will be a wise thing to do.
- c. Areas in the building (kitchen and offices, for example) will be closed to reduce risk of contamination.
 1. Rest rooms will remain open, but common sense MUST prevail.
 - i. One person at a time in the rest room, please.
 - ii. When finished, please wipe down the area you used - not just the facility, but also the sink, counter area, mirror and door knob. Paper towels plus Windex, Lysol, or similar will be present. Use a paper towel when opening the door to exit the rest room. There will be a waste basket near the door disposal of the used towels.
 - iii. Please do not dawdle – someone may be waiting to get in (and could be in a hurry!)
 2. In general, ritual will be changed in order to reduce traffic on the dais. For normal Shabbat services, the Ark will remain closed, or if opened, will be done so by someone already on the dais.
 3. There will be no onegs, and only a symbolic kiddish with the Rabbi or other person conducting the service doing so for us all.
3. Gathering in the building after service cannot be done. The building should be emptied as soon as possible. You can, of course, talk with friends outside the building in good weather, but please maintain masks and distance even there, and no hugs/handshakes, please. The virus we are facing is opportunistic – we must remove its opportunity wherever possible.
4. We are sensitive to the need for cleaning the building after its use and will have it done professionally.

A contingency plan exists for (if necessary) reclosing the building should someone who attended a service later test positive for the virus. A strong effort will be made to avoid the need for doing so.

***SUBJECT TO REVISION**

SEPTEMBER 2020

12 ELUL – 12 TISHREI

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 12 Elul	2 13 Elul	3 14 Elul	4 7:00 pm Shabbat Svc ZOOM 15 Elul	5 16 Elul
6 17 Elul	7 18 Elul	8 19 Elul	9 2-3:00 pm Prayer Book Pickup 20 Elul	10 21 Elul	11 7:00 PM Shabbat Svc ZOOM Host: Rabbi 22 Elul	12 9:30 am Shabbat Svc Zoom Host: Rabbi 23 Elul
13 Svc ZOOM Rabbi Grandparents Day 24 Elul	14 25 Elul	15 26 Elul	16 2-3:00 pm Prayer Book Pickup 27 Elul	17 28 Elul	18 EREV ROSH HASHANAH 7:30 pm Svc 29 Elul	19 ROSH HASHANAH 9:30 am Svc 1 Tishrei
20 ROSH HASHANAH 9:30 am Svc 3:00 pm Shofar Blowing Tashlich 2 Tishrei	21 Fast of Gedaliah 3 Tishrei	22 Autumn Begins 4 Tishrei	23 5 Tishrei	24 6 Tishrei	25 7 Tishrei	26 8 Tishrei
27 EREV YOM KIPPUR 6:30 pm. Kol Nidre Svc 9 Tishrei	28 YOM KIPPUR 9:30 am Svc 4:00 pm TBA 5:00 pm Svc resume 10 Tishrei	29 11 Tishrei	30 2-3:00 pm Prayer Book Return (also Oct 7) 12 Tishrei			

Yahrzeits

September

12 Elul 5780 –12 Tishrei 5781

12 Elul	Mariam Axel Mersky	Bd 2 R4
13 Elul	Mollie Linsky	Bd 2 R3
13 Elul	Hannah Lipmanson	No Pl
13 Elul	Al Jacobs	Bd 3 R1
14 Elul	Robert Jay Zurkow	No Pl
14 Elul	Nettie Grayboyes	Bd 2 R1
16 Elul	Julian R. Stonefield	Bd 3 R1
16 Elul	Harry Brown	No Pl
16 Elul	Robert Nelson	No Pl
17 Elul	Rose Bettelman	no pl
17 Elul	Esther Charsen Kushner	No Pl
21 Elul	Harry Gelof	Bd 1 R5
22 Elul	David Simon Friedman	No Pl
22 Elul	Bernard Bettelman	NO PL
22 Elul	Fred Lister	No Pl
22 Elul	Sam Shraga	No Pl
23 Elul	Maier Eskenazi	No Pl
28 Elul	Dora Faber	No Pl
28 Elul	Lillian Dubin	No Pl
28 Elul	Nathan Friedman	NO PL

TISHREI

2 Tishrei	Wendy Linder	No Pl
2 Tishrei	Dr. Albert Goldberg	No Pl
2 Tishrei	Julia Tollin	No Pl
3 Tishrei	Doris Kramer	No pl
4 Tishrei	Lillian Solomon	No Light
7 Tishrei	Morris Jacob Axel	Bd 2 R4
8 Tishrei	Earl Raful	Bd 3 R4
10 Tishrei	Ethel Barros	Bd 3 R2

New Yahrzeit Memorial Plaques

Our Memorial Wall is the rear wall of the main sanctuary. If you would like to remember a loved one with a permanent memorial plaque, please contact Religious Vice President Steve Schwartz. These take a few weeks to arrive. The cost is \$450.00. If you wish, Steve will arrange with you to conduct an unveiling and pay homage to your relative at a subsequent Friday evening service. You may also choose to host the oneg in conjunction with the unveiling. In case you are unaware on the Yahrzeit list within the bulletin, if there is a plaque in memory of a relative, the board (**Bd**) and row (**R**) number has been listed for your convenience. **No pl** means there is no plaque.

Simchas A Very Happy New Year to our Beth Sholom family. I personally want to thank my Beth Sholom family and friends for making my Jewishness a beautiful family experience. I love our traditions at Beth Sholom. I enjoy hearing and sharing the stories of our beginnings. I am proud that we can build onto our traditions. I have taken on the task of corresponding to members in a very traditional way to send good wishes and/or condolences the 'old fashioned' way--with cards. Please email me your information--B-days, anniversaries, all simchas to celebrate to luckylydianne@gmail.com. I can only hope that when you receive your card in the mail that in some way it will brighten your day. Thank you.

Lovingly Anne Parks

Chesed and Misheberah information

If you hear or have knowledge of anyone who is in need of **r'fuah sh'leyma**, please contact the office and leave a message. We are trying to do more outreach and can only act when we are aware of the need. Names for the Misheberah list will be placed and read at services for two weeks unless we are notified differently.

Rabbi Peggy de Prophetis' Tentative 2020-2021 Schedule

Shabbat 1 September 11-13 Nitzavim/Vayeilech includes Selichot
Rosh Hashanah September 18-September 20 (Friday night-Sunday)
Yom Kippur September 27-28 (Sunday night-Monday)

Simchat Torah and Shemini Atzeret combined (Saturday night October 17).
Please note that Yikzor would be Saturday morning, October 17.

Shabbat 2 October 16-18 Bereishit, Mason's Bar Mitzvah
Shabbat 3 November 27-29 Vateitze
Shabbat 4 December 18-20 Vayeishev and Chanukah (possible)
Shabbat 5 January 15-17 Vaera
Shabbat 6 February 12-14 Mishpatim
February 25 Purim, this is a Thursday night.
Shabbat 7 March 19-21 Vayikra
Shabbat 8 April 16-18 Tazria/ Metzora

Shabbat 9 May 14-16 Bamidbar

Shabbat 10 June 11-13 Korach

Donations to Congregation Beth Sholom

When donating to Congregation Beth Sholom, your generosity will be acknowledged in the bulletin and letters sent to the honorees. Reminders for upcoming yahrzeits are now being mailed for each month. It is customary to make a donation in memory of a relative listed in the Yahrzeit list. If we have missed any names of close family members, please let us know. Please contact the office and leave a message. Also, Rabbi Peggy maintains a confidential Rabbi's Discretionary Fund for special needs of members or charitable causes within our Jewish and secular community. You can specify your donation be applied to her fund and if you wish to direct that money, please contact Rabbi to discuss it with her.

We wish to thank the following people for their generous donations during the summer months:

Greg and Lynn Danylyk

Joan Doblinger

Dena, Adam, and Eric Shubert

Pauline and Mitchell Schwartz Fund for the Future

* * * * *

New to Delaware and Kent County?

Know someone who is looking to rekindle their inner Jewish identity?

Please complete this form to receive a free welcome packet with lots of information about Congregation Beth Sholom. Or submit the information online to schwartzcaroline@verizon.net. We will look forward to making their acquaintance and inviting them to join our community.

Name	Spouse Name	Address	Phone	Email	Children/ages

Jewish Apple Cake from Bubba's Recipe Box

- **Ingredients**
- 1 teaspoon ground cinnamon
- ¾ cup white sugar
- 5 large Rome Beauty apples, peeled, cored, and chopped
- 3 cups all-purpose flour
- 1 teaspoon salt
- 1 tablespoon baking powder
- 4 large eggs
- 2 cups white sugar
- 1 cup vegetable oil
- ¼ cup orange juice
- 1 tablespoon vanilla extract

Directions

Preheat an oven to 350 degrees F (175 degrees C). Grease and flour a 10 inch tube pan

Mix cinnamon, ¾ cup of sugar, and apples in a bowl; set aside. Combine flour, salt, and baking powder in a bowl. Beat the eggs and 2 cups of sugar with an electric mixer until fluffy. Pour in the flour mixture alternately with the oil. Beat in the orange juice and vanilla until smooth and thoroughly mixed. Pour half of the batter into the prepared pan. Layer half of the apples on top. Pour the remaining batter over, then finish by topping with the rest of the apples.

Bake in the preheated oven until a toothpick inserted into the center comes out clean, about 1 hour and 30 minutes to 1 hour and 45 minutes. Cool in the pans for 10 minutes before removing to cool completely on a wire rack.

NOTES: Use Granny Smith apples if you like it a little more tart.

Drizzle the left over juice from the apple-cinnamon mixture over the cake for added sweetness and a light sheen.

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Traditional Honey Cake

YIELD Serves 8–10

INGREDIENTS

3 1/2 cups all-purpose flour
1 tablespoon baking powder
1 teaspoon baking soda
1/2 teaspoon salt
4 teaspoons ground cinnamon
1/2 teaspoon ground cloves
1/2 teaspoon ground allspice
1 cup vegetable oil
1 cup honey
1 1/2 cups granulated sugar

1/2 cup brown sugar
3 eggs
1 teaspoon vanilla extract
1 cup warm coffee or strong tea
1/2 cup fresh orange juice
1/4 cup rye or whisky (see Note)
1/2 cup slivered or sliced almonds
(optional)

Special Equipment *This cake is best baked in a 9-inch angel food cake pan, but you can also make it in a 10-inch tube or bundt cake pan, a 9-by-13-inch sheet pan, or three 8-by-4 1/2-inch loaf pans.*

PREPARATION

1. Preheat the oven to 350°F. Lightly grease the pan(s). For tube and angel food pans, line the bottom with lightly greased parchment paper.
2. In a large bowl, whisk together the flour, baking powder, baking soda, salt, and spices. Make a well in the center and add the oil, honey, sugars, eggs, vanilla, coffee, orange juice, and rye or whisky (You may use all orange juice or coffee if you don't wish to use whisky).
3. Using an electric mixer on slow speed, combine the ingredients well to make a thick batter, making sure that no ingredients are stuck to the bottom of the bowl.
4. Spoon the batter into the prepared pan(s) and sprinkle the top of the cake(s) evenly with the almonds. Place the cake pan(s) on 2 baking sheets stacked together and bake until the cake springs back when you touch it gently in the center. For angel and tube cake pans, bake for 60 to 70 minutes; loaf cakes, 45 to 55 minutes. For sheet-style cakes, the baking time is 40 to 45 minutes. This is a liquidy batter and, depending on your oven, it may need extra time. Cake should spring back when gently pressed.
5. Let the cake stand for 15 minutes before removing it from the pan. Then invert it onto a wire rack to cool completely.

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Shalom from Beth Sholom

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